# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

### FORM 8-K

### **CURRENT REPORT**

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): April 24, 2024

## Instil Bio, Inc.

(Exact name of registrant as specified in its Charter)

Delaware

(State or Other Jurisdiction of Incorporation)

001-40215

(Commission File Number)

83-2072195

(IRS Employer Identification No.)

3963 Maple Avenue, Suite 350 Dallas, Texas

**75219** (Zip Code)

(Address of Principal Executive Offices)

(972) 499-3350

(Registrant's Telephone Number, Including Area Code)

### Not Applicable

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K	filing is intended to simultaneously	satisfy the filing obligation of the	e registrant under any of the
following provisions (see General Instructions A.:	2. below):		

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

### Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Symbol(s)	Name of each exchange on which registered	
Common Stock, \$0.000001 par value	TIL	The Nasdaq Stock Market LLC	

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. $\Box$
Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.
On April 24, 2024, Jack B. Nielsen notified the Board of Directors of Instil Bio, Inc. (the "Company") that he is resigning from the Company's Board of Directors ("Board") effective immediately for personal reasons. Mr. Nielsen's decision is not due to any disagreement with the Company or the Board or any matter relating to the operations, policies or practices of the Company. The Company thanks Mr. Nielsen for his commitment and service to the Company and wishes him all the best. In connection with Mr. Nielsen's resignation, the Board appointed George Matcham, Ph.D., a member of the Board to serve on the Audit Committee of the Board.

Emerging growth company ⊠

### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Instil Bio, Inc.

Dated: April 26, 2024 By: /s/ Sandeep Laumas, M.D.

Sandeep Laumas, M.D.

Chief Financial Officer and Chief Business Officer

(Principal Financial Officer and Principal Accounting Officer)