FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Laumas Sandeep					2. Issuer Name and Ticker or Trading Symbol Instil Bio, Inc. [TIL]							(Che	elationship of ck all applica Director	able)	Persor	n(s) to Issu 10% Ow Other (s	Owner	
(Last) (First) (Middle) C/O INSTIL BIO, INC.					3. Date of Earliest Transaction (Month/Day/Year) 03/04/2022								below)			below)	,	
3963 MAPLE AVENUE, SUITE 350					If Amendment, Date of Original Filed (Month/Day/Year)							6 In	6. Individual or Joint/Group Filing (Check Applicable					
(Street) DALLAS	S T	X	75219								Line							
(City)	(S	tate)	(Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transat Date (Month/D:				ite	Execution Date,		Code (Instr.				5. Amoun Securities Beneficia Owned Fo Reported	es Formally (D) (in (I) (I)		Direct I Indirect E tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A) o (D)	r Price	Transaction (Instr. 3 a	tion(s)				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	4. Transa Code (8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title an of Securit Underlyin Derivative (Instr. 3 a	ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable		kpiration ate	Title	Amount or Number of Shares		(Instr. 4)				
Employee Stock Option (right to buy)	\$8.62	03/04/2022		A		234,000		(1)	03	3/03/2032	Common Stock	234,000	\$8.62	234,000	0	D		

Explanation of Responses:

1. Twenty-five percent (25%) of the shares subject to the option vest on March 4, 2023, and the remaining shares subject to the option shall vest in thirty-six (36) equal monthly installments thereafter, subject to the Reporting Person continuing to provide service through each such date.

Remarks:

03/07/2022 /s/ Sandeep Laumas, M.D.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.